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Blue A Memoir Keeping The Peace And Falling To Pieces

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Blue is a memoir of crime and calamity, of adventure and achievement, of friendship and failure, of laughter and loss, of the best and the worst of humanity, of serious illness and slow recovery. With searing honesty, it offers an immensely moving and personal insight into what it is to be a police officer in Britain today.

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Blue is a "real" account, of a "real" man who is a husband, father and (senior) Police Officer. Forget the fast cars and foot chases shown in 30 minute TV programmes, as this is just one tiny, "sexy" aspect of Policing.

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A Sunday Times top-five bestseller 'This is a remarkable book . . . profound and deeply moving . . . It has as much to tell us about mental illness as it does about policing' Alastair Stewart John Sutherland joined the Met in 1992, having dreamed of being a police officer since his teens. Rising quickly through the ranks, he experienced all that is extraordinary about a life in blue: saving lives, finding the lost, comforting the broken and helping to take dangerous people off the streets. But for every case with a happy ending, there were others that ended in desperate sadness, and in 2013 John suffered a major breakdown. Blue is his memoir of crime and calamity, of adventure and achievement, of friendship and failure, of serious illness and slow recovery. With searing honesty, it offers an immensely moving and personal insight into what it is to be a police officer in Britain today.

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"A YA memoir of sexual abuse in the Air Force academy, and the author's survival and healing."--Provided by publisher.

An Amazon Best Book of the Year optioned for television by Gabrielle Union! In a series of personal essays, prominent journalist and LGBTQIA+ activist George M. Johnson explores his childhood, adolescence, and college years in New Jersey and Virginia. From the memories of getting his teeth kicked out by bullies at age five, to flea marketing with his loving grandmother, to his first sexual relationships, this young-adult memoir weaves together the trials and triumphs faced by Black queer boys. Both a primer for teens eager to be allies as well as a reassuring testimony for young queer men of color, All Boys Aren't Blue covers topics such as gender identity, toxic masculinity, brotherhood, family, structural marginalization, consent, and Black joy. Johnson's emotionally frank style of writing will appeal directly to young adults.

Shades of Blue - 30 Years of (un) Ethical Policing is an entertaining and interesting journey into the moral/ethical dilemmas that challenge police officers. It is written as the memoir of the main character and contains accounts of riveting events in the author's career. The authentic presentation places readers right in the middle of the action. If you have ever wondered about the real culture of law enforcement, this book lets you walk in their shoes. The author's street philosophy, acquired over 30 years as a police officer, makes for engaging and humorous reading.

This is a book for anyone who has battled a mental illness - any mental illness - or for anyone who loves someone with a mental illness. It is also a book for anyone who has struggled to understand the role of faith in his/her suffering. Blue recounts a 35-year battle with the daily despair of OCD. For the first 25 years, his Christian upbringing convinced him he had a faith issue, not a chemical one. At age 25, after realizing there was more going on than a simple

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lack of faith, he spent the next 10 years struggling to find the right diagnosis, doctor, and treatment plan. This journey landed him in 7 different psychiatrists offices, countless psychologists offices, and even in the mental hospital for three days. In the end, Blue finds some answers but also comes to grips with the presence of his questions. This book will engage you, encourage you, and make you think about the sometimes toxic blend between spirituality and mental illness. Excerpt from chapter 3: At its core, OCD is a quest for certainty where certainty doesn't/can't exist. The person who washes his hands a million times wants certainty that the deadly germs are banished from his hands, but he can never be sure. The driver who fears she has accidentally hit a pedestrian re-drives the same route over and over, looking for absolute certainty that she didn't hit the innocent pedestrian, but there's no way to be absolutely certain that that odd color on the sidewalk isn't the blood of the child she just ran over who is now at the hospital or the morgue. Or the kid who is terrified he'll be abandoned by his parents...he can never ask enough questions or stand in just the right spot to check on their early arrival so as to be completely certain that they will always come back. Uncertainty dooms the sufferer of OCD to his torture chamber. For the religious person, uncertainty will, at some point, attack his quest for peace through faith. Let's face it: religion comes with plenty of uncertainty. Sooner or later, everyone on the quest to understand or know God will have to ask some difficult questions: Why does God allow bad things to happen to good people? Why does God allow so much suffering when he could simply zap the evil-doers? What does it mean to be saved? Unsaved? Is there such a thing as hell, and if so, how do I know that the sweet little old lady who used to live next door who wasn't very religious but who was the kindest person I ever knew isn't there? (See appendix for a fuller discussion of hell). My inevitable questions about the black-and-white certainties of the Christian faith caused the struggle between my internal self and my external self to rage on. Spiritual questions plagued my brain from the time I was old enough to ponder such matters, but the stakes were high in my family, where failure to see things the Right Way was not acceptable. My family's certainty mixed with my inevitable lack of certainty created a struggle within me between intellectual honesty and family acceptance – a struggle that persists to this day. One of the certainties of my upbringing that troubled my uncertain brain was the question of hell. To make matters worse, in my early childhood, we were Southern Baptists to the core – no drinking, church on Sunday and Wednesday (and sometimes Sunday night just in case!), suits to church so Jesus could admire our wardrobes, etc. Dogmatic Christian groups are guilty of excessive certainty about countless uncertain things, like how long it took the world to be created, where the precise line is between those who are “saved” and “unsaved,” and that hell is a real place where anyone who hasn't “accepted Jesus as his/her savior” is going. Middle-school-Southern-Baptist-Tim, who had outgrown his fear of being left by his parents, needed some new way to be petrified of abandonment and isolation. Eternal damnation seemed like just the right thing for my brain to grab ahold of.

Named one of the best nonfiction books of the year by The Washington Post “Tangled Up in Blue is a wonderfully insightful book that provides a lens to critically analyze urban policing and a road map for how our most dispossessed citizens may better relate to those sworn to protect and serve.” —The Washington Post “Remarkable . . . Brooks has produced an engaging page-turner that also outlines many broadly applicable lessons and sensible policy reforms.” —Foreign Affairs Journalist and law professor Rosa Brooks goes beyond the “blue wall of silence” in this radical inside examination of American policing In her forties, with two children, a spouse, a dog, a mortgage, and a full-time job as a tenured law professor at Georgetown University, Rosa Brooks decided to become a cop. A liberal academic and journalist with an enduring interest in law's troubled relationship with violence, Brooks

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wanted the kind of insider experience that would help her understand how police officers make sense of their world—and whether that world can be changed. In 2015, against the advice of everyone she knew, she applied to become a sworn, armed reserve police officer with the Washington, DC, Metropolitan Police Department. Then as now, police violence was constantly in the news. The Black Lives Matter movement was gaining momentum, protests wracked America's cities, and each day brought more stories of cruel, corrupt cops, police violence, and the racial disparities that mar our criminal justice system. Lines were being drawn, and people were taking sides. But as Brooks made her way through the police academy and began work as a patrol officer in the poorest, most crime-ridden neighborhoods of the nation's capital, she found a reality far more complex than the headlines suggested. In *Tangled Up in Blue*, Brooks recounts her experiences inside the usually closed world of policing. From street shootings and domestic violence calls to the behind-the-scenes police work during Donald Trump's 2016 presidential inauguration, Brooks presents a revelatory account of what it's like inside the "blue wall of silence." She issues an urgent call for new laws and institutions, and argues that in a nation increasingly divided by race, class, ethnicity, geography, and ideology, a truly transformative approach to policing requires us to move beyond sound bites, slogans, and stereotypes. An explosive and groundbreaking investigation, *Tangled Up in Blue* complicates matters rather than simplifies them, and gives pause both to those who think police can do no wrong—and those who think they can do no right.

Lucky child - what a wondrous world you live in! This is the theme of *Little Blue Planet* - a book meant to be read aloud to very young children. As you and the child explore the pages of this book, you will encounter the natural wonders of our world: forests, jungles, volcanoes, swamps, coral reefs and many more. Each of these wonders is captured in a two-page spread, with a scenic watercolor on the left and an imaginative view featuring a child on the right. This book is a first travelogue for the tiny set. It is primarily a picture book, but has just enough text to provide context and encourage the child to imagine what it would be like to visit this place. This book makes for a beautiful and quick read.

The Author's Book Journal is a must have for anyone writing a book or a novel. It easily lets you keep track of events and characters in your chapters. There are dedicated pages for 100 chapters, plus main character profiles, secondary characters profiles and also pages to note reference research sources, acknowledgements, quotes, notes, prologue, epilogue, back cover blurb, beta readers, ARC reviews, publishing details, author details. You also have some extra pages at the back for making notes on ideas for your next book. Keep all your book information in one handy place. Journal size 7x10 inches.

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