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* High Protein. Here are some of the high protein vegan recipes you'll find

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The High-Protein Vegan Cookbook:

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it! The book is big and beautiful and has full-color photos with every recipe. 125 recipes from appetizers into breakfasts, through snacks, lunch, and dinner.

The High Protein Vegan Cookbook - Today! - Vegan In The ...

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...And more! Below you will find a list of high-protein vegan recipes for every meal. (Note that not all of the recipes below include macro counts, but it's easy enough to calculate using Cronometer.com) 32 High-Protein Vegan Recipes 1. Roasted Red Pepper Hummus

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Delicious High Protein

32 High-Protein Vegan Recipes

This 10-minute dinner features the power trio of protein-packed legumes, seeds, and crisp greens.

Quinoa is one of the few plant-based sources of complete protein, containing all nine essential amino

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acids. The runny, nutrient-rich egg yolk doubles as a silky dressing in this vegetarian main. 14 of 50

50 High-Protein Vegetarian Recipes | MyRecipes

It could almost be described as a meat-lover's vegan cookbook, since

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the recipes give plant-based protein the sort of center-of-the-plate prominence that people associate with omnivore diets.

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